

Women Long Course Meters																
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event	18-24	25-29	30-34	35-39	40-44	45-49	event	50-54	55-59	60-64	65-69	70-74	75-79	80-84	85-89	
50 free	Andrea Torrijos Vera 7/11-13/2025 33.38	Laura Gonzales Ospina 7/21/23 32.67		Samantha Mockford 6/28/25 33.89	Colette Smirniotis 6/28/25 32.56	Niki Woodard 6/28/25 30.86	50 free			Monica Carter 8/15-17/2025 34.78		Sally Guthrie 8/2-4/2024 39.82	Sally Guthrie 6/28/25 40.21			
100 free	Andrea Torrijos Vera 7/11 - 13/2025 1:11.80	Laura Gonzales Ospina 7/21/23 1:10.20	Franchesca Finnigan 7/11 - 13/2025 1:25.72	Samantha Mockford 6/1/25 1:16.48	Colette Smirniotis 7/11 - 13/2025 1:13.84		100 free			Monica Carter 7/11-13/2025 1:16.07		Sally Guthrie 8/21-25/2024 1:27.69	Sally Guthrie 8/6-10/2025 1:27.48			
200 free	Andrea Torrijos Vera 7/11 - 13/2025 2:36.04	Laura Gonzales Ospina 7/21/23 2:39.05	Franchesca Finnigan 6/28/25 3:08.65	Samantha Mockford 6/1/25 2:48.30	Colette Smirniotis 6/28/25 2:45.18		200 free		Ellen Berg 6/28/25 2:47.54	Monica Carter 7/11-13/2025 2:46.42		Sally Guthrie 8/2-4/2024 3:11.69	Sally Guthrie 7/11-13/2025 3:15.02			
400 free				Samantha Mockford 6/1/25 6:01.71		Carrie Smith 6/1/25 05:36.9	400 free			Monica Carter 8/2-4/2024 5:52.87			Sally Guthrie 8/6-10/2025 6:45.29			
800 free				Edie Hannigan 7/11 - 13/2025 15:43.09		Carrie Smith 7/11 - 13/2025 11:41.04	800 free			Monica Carter 8/2-4/2024 12:03.7			Sally Guthrie 8/6-10/2025 14:04.01			
1500 free				Edie Hannigan 7/11 - 13/2025 28:54.37		Carrie Smith 7/11 - 13/2025 22:54.60	1500 free			Monica Carter 8/15-17/2025 22:58.85		Sally Guthrie 8/2-4/2024 25:58.30				
50 back				Mary Buford 7/29/22 41.31	Colette Smirniotis 7/11 - 13/2025 42.49	Carrie Smith 6/28/25 40.76	50 back		Ellen Berg 6/28/25 40.23	Val Knight-Williams 8/2-4/2024 42.90		Sally Guthrie 8/21-25/2024 46.77	Sally Guthrie 6/1/25 49.06			
100 back	Andrea Torrijos Vera 7/11 - 13/2025 1:28.36		Franchesca Finnigan 6/28/25 1:34.05	Mary Buford 7/29/22 1:34.76		Carrie Smith 7/11-13/2025 1:30.68	100 back			Monica Carter 6/28/25 1:40.77			Sally Guthrie 8/6-10/2025 1:44.88			
200 back			Franchesca Finnigan 6/28/25 3:20.13	Mary Buford 7/29/22 3:18.63			200 back			Monica Carter 8/2-4/2024 3:24.36			Sally Guthrie 6/28/25 3:51.01			
50 breast				Samantha Mockford 6/1/25 47.12	Winnie Kong 6/28/25 47.84	Carrie Smith 6/28/25 40.98	50 breast			Val Knight-Williams 8/2-4/2024 49.36						
100 breast					Courtney Wilson 6/28/25 1:53.48	Carrie Smith 6/28/25 1:33.04	100 breast			Val Knight-Williams 8/2-4/2024 1:45.80						
200 breast						Carrie Smith 7/11 - 13/2025 3:29.54	200 breast			Monica Carter 8/15-17/2025 4:01.80						
50 fly		Laura Gonzales Ospina 7/21/23 32.28		Mary Buford 7/21/23 39.57	Colette Smirniotis 6/28/25 36.16	Niki Woodard 6/28/25 34.11	50 fly			Monica Carter 8/21-25/2024 38.43		Sally Guthrie 8/2-4/2024 48.62	Sally Guthrie 7/11-13/2025 48.96			
100 fly		Laura Gonzales Ospina 7/21/23 1:14.10		Mary Buford 7/29/22 1:32.46		Carrie Smith 7/11 - 13/2025 1:18.74	100 fly			Monica Carter 8/21-25/2024 1:30.01		Sally Guthrie 8/2-4/2024 1:54.49	Sally Guthrie 7/11-13/2025 2:00.74			
200 fly		Laura Gonzales Ospina 7/21/23 02:53.5					200 fly			Monica Carter 7/11-13/2025 3:26.38		Sally Guthrie 8/2-4/2024 4:27.51	Sally Guthrie 6/28/25 4:41.57			
200 IM			Franchesca Finnigan 6/28/25 3:26.23	Edie Hannigan 6/28/25 4:22.20	Colette Smirniotis 6/28/25 3:12.43	Carrie Smith 6/28/25 2:58.69	200 IM			Monica Carter 6/1/25 3:20.23		Sally Guthrie 8/21-25/2024 3:51.19	Sally Guthrie 8/6-10/2025 4:06.12			
400 IM							400 IM			Monica Carter 7/11-13/2025 7:03.03		Sally Guthrie 8/21-25/2024 8:10.39	Sally Guthrie 7/11-13/2025 8:38.29			